



# LENT

## IN



*Ash Wednesday: 22<sup>nd</sup> February*

*Mothering Sunday: 19<sup>th</sup> March*

*Palm Sunday: 2<sup>nd</sup> April*

*Easter Day: 9<sup>th</sup> April*

## *The Lenten Collect*

*Almighty and everlasting God,  
you hate nothing that you have made  
and forgive the sins of all those who are penitent:  
Create and make in us new and contrite hearts  
that we, worthily lamenting our sins  
and acknowledging our wretchedness,  
may receive from you, the God of all mercy,  
perfect remission and forgiveness;  
through Jesus Christ our Lord. Amen.*

## From the Rector

Ash Wednesday, which marks the beginning of Lent, falls this year on 22<sup>nd</sup> February. We will begin this season with a service of Holy Communion at 1.00 pm in Down Cathedral followed later in the day with Evensong in St Anne's Killough at 7.30pm. Lent is a very special season which gives an opportunity, in a fresh way, to do as the prophet Hosea suggests:



"Sow for yourselves righteousness; reap steadfast love; break up your fallow ground; for it is time to seek the Lord, that he may come and rain righteousness upon you."

This is a season when we are encouraged to take our faith more seriously; to seek to draw closer to God in prayer and scripture reading; and to explore Christian disciplines of service and generosity. It is like a farmer ploughing the land in preparation to plant seeds to grow fresh crops, or like a time of spring cleaning our home.

So I would like to encourage all of us over the next weeks to think of something we might take up, that will help us grow closer to God and to think of something to give up, to remind ourselves we are sacrificially seeking to be more serious about our faith.

I wish you a blessed Lent.

*Henry*

### ***Shrove Tuesday Pancake Party***

***Tuesday 21<sup>st</sup> February***

***6.30-8pm***

***Seaforde YFC Hall***

***ALL WELCOME***

***Although this is one of our pop-up events it is for everybody, not just children – COME ALONG!!!!***

### ***Ash Wednesday Worship***

***Wednesday 22<sup>nd</sup> February***

***1pm in Down Cathedral***

***Holy Communion***

***with Optional Ashes***

***7.30pm in Killough***

***Choral Evensong***

## **Evensong Choir**

Evensong on Ash Wednesday is a very simple version of sung evening prayer. Each year we put together a little choir for the service and we want to extend that invitation to anyone and everyone – even if you've never sung before. You will only need to come to one practice – on **Thursday 16<sup>th</sup> Feb at 7.30pm in Killough.**

## **Tuesday Interchurch Bible Study**

Following on from a wonderful connection with Dundrum and Tyrella Roman Catholic Parish at the Tyrella Carol Service this past Christmas, we will be joining with them for a Bible Study during Lent. Our neighbours from Donard Methodist are also hoping to get involved.

It will be jointly led by the clergy on Tuesday Evenings in Dundrum Community Hall at 7.30pm, beginning on Tuesday 28<sup>th</sup> February.

We want to encourage you to join this new venture, particularly if you live at the Tyrella/Clough/Seaforde end of LAMP.

## **Wednesday Night Compline**

Over the past few years Compline (or Night Prayer) in Ballyculter has proved popular during Lent. This will be our main Lenten focus this year. It is a short service with a Lenten reflection and time for quiet prayer. There will be a service each Wednesday evening in March at 7.30pm in Ballyculter Church. All are welcome.

## **Quiet Day at Saul**

***We are holding a Quiet Day in Saul Hall on Saturday 4<sup>th</sup> March from 10am-3pm.*** Sabrina will lead us for the three sessions of this day, during which we will take time to reflect together around the theme of prayer. Tea and coffee along with a soup and sandwich lunch will be available. This is open to everyone so please do let anyone who might be interested know that this day is happening. A donation of £5 is invited to cover costs.

## Contemporary Worship

Our first two contemporary services have been really encouraging and we're looking forward to continuing to develop them during Lent. On Sunday 5<sup>th</sup> March at 7pm in Down Parish, we will be exploring Worship as part of our themes around Lenten devotions. This service is for anyone and everyone – it's a space where we sing modern praise songs and traditional hymns, led by worship leaders with guitars instead of an organ. There is bible teaching, and we will continue to include new things as part of the service such as prayer stations and other ways to respond to what God says to us as we worship together.

## Men's Breakfast

We are looking forward to our next Men's Breakfast where we will be welcoming Kenny Hooks as our speaker. Kenny is a former Irish Rugby International and he is presently Vice Principal of the Royal School, Armagh. He will share something about his experience on the Irish team, his faith and his work in the present day.



Kenny making the draw for the Schools Cup in 2017

**The Men's Breakfast with Kenny Hooks takes place on Saturday 25<sup>th</sup> March at 10am in French's, Clough. Please speak to Henry, Adrian or Billy to book your space – your Fry-Up with Tea and Coffee will cost £9.**

## Requiem by John Rutter

Cathedra, the choir of Down Cathedral along with Cadenza, under the direction of Michael McCracken, will be performing **John Rutter's Requiem on the at 7.45pm Monday of Holy Week (3<sup>rd</sup> April) in Down Cathedral.** The concert will also feature other seasonally appropriate music. More details to follow.

# Services in LAMP

Please note that, beginning on 26<sup>th</sup> February and going forward, services in Seaforde will take place at 10am and services in Down Parish (excluding the first Sunday) will take place at 11.30am.

19 <sup>TH</sup> FEB: 1 BEFORE LENT				26 <sup>TH</sup> FEB: LENT 1			
9.30am	Down	AA	AD	10am			
10am				Saul	HC	SC	
Saul		MP	HH	Seaforde	MP	AD	
Bright		MP	BF	Bright	HC	HH	
H'mount		HC	JS	H'mount	AA	LQ/BF	
Kilclief		HC	SC	11am			
11am				Ardglass	MP	GS	
Dunsford		MP	GS	11.30am			
Seaforde		AA	AD	Ballyculter	HC	SC	
11.30am				Down	MP	AD	
Cathedral		HC	HH	Cathedral	MP	HH	
Ballee		HC	SC	Ballee	MP	LQ	
R'mullan		MP	LQ	R'mullan	HC	JS	
6pm	Tyrella	LEO	SC				



PARISH OF LOUGHINISLAND  
SEAFORDE CHURCH



## SOUP & CHEESE LUNCH

SUNDAY 19TH FEBRUARY  
AFTER THE 11AM SERVICE

SEAFORDE YFC HALL

 DONATIONS IN AID OF THE WORK OF THE BISHOPS' APPEAL 

It is hard to believe that February marks one year since the passing of Canon Cecil Wilson.



To mark this anniversary, the Dean will pay tribute to Cecil's life during morning worship in Bright on Sunday 26<sup>th</sup> February.

<p style="text-align: center;"><b>5<sup>TH</sup> MARCH: LENT 2</b></p> <p>8.30am Down <b>HC</b> AD</p> <p>10am</p> <p>Saul <b>MP</b> HH</p> <p>Seaforde <b>HC</b> AD</p> <p>H'mount <b>MP</b> JS</p> <p>11.30am</p> <p>Ballyculter <b>MP</b> SC</p> <p>Cathedral <b>HC</b> HH</p> <p>Killough <b>AA</b> BF</p> <p>6pm Tyrella <b>HC</b> HH</p> <p>7pm Down <b>Contemporary Service</b></p>	<p style="text-align: center;"><b>12<sup>TH</sup> MARCH: LENT 3</b></p> <p>10am</p> <p>Saul <b>HC</b> HH</p> <p>Seaforde <b>SoW</b> AD</p> <p>Bright <b>AA</b> LQ</p> <p>H'mount <b>HC</b> JS</p> <p>Kilclief <b>MP</b> SC</p> <p>11am</p> <p>Dunsford <b>HC</b> GS</p> <p>11.30am</p> <p>Down <b>No Service</b></p> <p>Ballee <b>MP</b> SC</p> <p>R'mullan <b>MP</b> LQ</p> <p>12 noon Cathedral <b>short service of Worship</b> HH</p>
<p style="text-align: center;"><b>19<sup>TH</sup> MARCH: LENT 4</b> <i>MOTHERING SUNDAY</i></p> <p>10am</p> <p>Saul <b>MP</b> HH</p> <p>Seaforde <b>AA</b> AD</p> <p>Bright <b>HC</b> SC</p> <p>H'mount <b>AA</b> LQ</p> <p>11am</p> <p>Ardglass <b>MP</b> GS</p> <p>11.30am</p> <p>Ballyculter <b>HC</b> SC</p> <p>Down <b>SoW</b> AD</p> <p>Cathedral <b>HC</b> HH</p> <p>Ballee <b>MP</b> LQ</p> <p>R'mullan <b>HC</b> JS</p> <p>6pm Tyrella <b>LEO</b> AD</p>	<p style="text-align: center;"><b>26<sup>TH</sup> MARCH: LENT 5</b></p> <p>10am</p> <p>Saul <b>MP</b> BF</p> <p>Seaforde <b>MP</b> SC</p> <p>Bright <b>MP</b> LQ</p> <p>H'mount <b>HC</b> HH</p> <p>Kilclief <b>HC</b> AD</p> <p>11am</p> <p>Dunsford <b>MP</b> AD</p> <p>11.30am</p> <p>Down <b>MP</b> BF/LQ</p> <p>Cathedral <b>MP</b> GS</p> <p>Ballee <b>HC</b> HH</p> <p>R'mullan <b>MP</b> SC</p>

<b>2<sup>ND</sup> APRIL: PALM SUNDAY</b>		
11am	Cathedral	<b>Area Service</b>
7pm	Down Parish	<b>Contemporary Service</b>

## Register of Vestrypersons

At this time of year we revise and update our list of Registered Vestrymen. This is the list of all those (both men and women – despite the archaic title) eligible to vote at the Easter Vestry, and to stand for election to our Select Vestries. Ideally we would like as many of our parishioners as possible to become Registered Vestrymen. To be eligible you have to be over 18, and be a regular worshipper and contributor at one of our churches. Forms for registration are available in each church.

## Triennial Meeting

Every three years we have the opportunity to elect representatives to attend the Diocesan Synod and Parochial Nominators who are part of the group that, with the Bishop, appoint clergy to LAMP. Those who are elected are representatives of the whole of LAMP not simply individual parishes. Anyone who is a Registered Vestryman is entitled to attend and vote. **We will hold this meeting in Down Parish Church on Thursday 23rd March at 8.00pm.** It is important that as many as possible take part in this election.

## St Patrick's Day

***Our celebrations on Friday 17 March will be like previous years beginning at 9.15am with Holy Communion at Saul (where Henry will be the preacher) followed by the Prayer Pilgrimage (10.15am) to the Cathedral for the Festival Service at 11.45am after which a wreath will be laid at St Patrick's Grave and then there will be a picnic lunch.***

The theme for St Patrick's day this year will be Reconciliation. Our preacher at the Festival Service will be the Most Revd Laurent Mbanda, Archbishop of Rwanda. Archbishop Laurent has been at the forefront of helping many in Rwanda deal with the impact and aftermath of the 1994 genocide. Bishop David has asked Archbishop Laurent to help us to look together at how we can deal with some of the pain that continues to be part of life and living for many of us because of what we call 'The Troubles' and he hopes that this special day of worship and prayer will be a source of healing for many.



## **A request from Pepper Johns Ladies' Group**

Do you have any unwanted jewellery, scarves, small bags etc. in good condition? We would love you to donate them to our Nearly New and Craft stall which we'll be running on St Patricks Day. If you have ready made craft items and would like to donate them to our fundraiser, please leave them at Pepper Johns. Thank you.

**\*\*A reminder also about our Fashion Show which will be held in Downpatrick Golf Club...Clothes by K-Chic... April /May £10 per ticket. Exact date to be confirmed. \*\***

## **Mum's Night Out – IN!**

An evening for mums of primary school (and younger) aged children. It will be focussed on self-care and parenting, with a savoury supper on offer as well. ***The evening will run from 7.30-9.30pm on Tuesday 21<sup>st</sup> March in Clough Non-subscribing Presbyterian Hall. The guest speaker will be Mrs Diane Hanna.*** Please book in with Lynda (07784272387) and bring a non-perishable item for the Fountain Foodbank on the night.

## **Evergreens**

A warm welcome awaits you at Evergreens meeting in Rathmullan Parish Hall on Monday 13<sup>th</sup> February 2023 at 1pm to share lunch together before Lynda shares - God is Love.

Next month Evergreens plan to meet in Hollymount Hall at 1pm on 13<sup>th</sup> March when our guests 'Jill and Danny' will bring a touch of music with harp and tin whistle and a bit of toe-tapping to our afternoon together.

If you wish to attend and transport is an issue please make Lynda aware on 07784272387.

# Holy Week in LAMP

Although we are just about to start Lent, *provisional plans are in place* for Holy Week. Our special preacher at the evening services of Holy Week this year will be our own Revd John Scott. Palm Sunday is 2<sup>nd</sup> April and Easter Day is 9<sup>th</sup> April.

## **Palm Sunday**

11am	Area Service	Down Cathedral
7pm	Contemporary Service	Down Parish

## **Fig Monday**

10am	Holy Communion	Ballee
7.45pm	Requiem by John Rutter	Down Cathedral
8pm	Evening Worship	Rathmullan

## **Holy Tuesday**

10am	Holy Communion	Tyrella
8pm	Evening Worship	Killough

## **Spy Wednesday**

10am	Holy Communion	Kilclief
2.30pm	All Age Big Easter Egg Hunt	Strangford Hall
8pm	Evening Worship	Ardglass

## **Maundy Thursday**

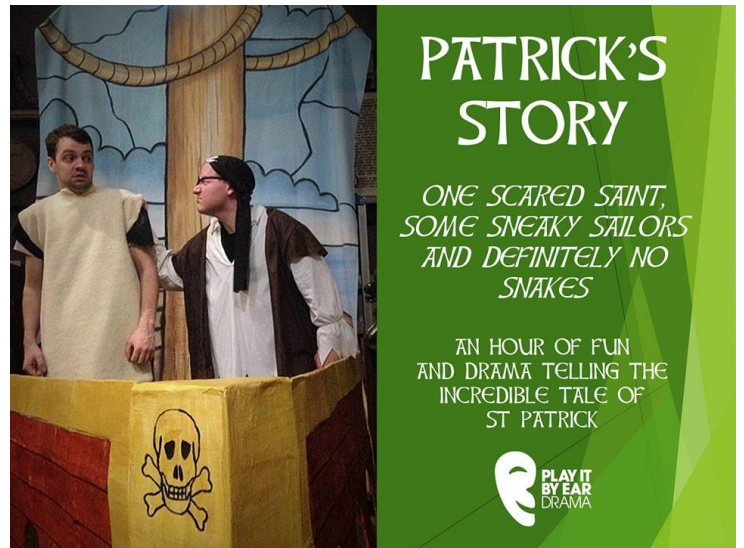
10am	Holy Communion	Hollymount
8pm	Holy Communion	Down Cathedral

## **Good Friday**

1pm	Walk of Witness	Outside Down Recorder Office
2pm	Reflective Service	Seaforde
2.30pm	Reflective Service	Ballyculter
8pm	The Tenebrae	Down Parish

## Killough St Patrick's Play

Whilst our Killough Outreach programme continues each Wednesday night through Lent, we are excited to have Play It By Ear back to perform the story of St Patrick on Wednesday 15th March 2023 at 7pm.



"Patrick's Story" is an hour of drama and games which tells the story of St Patrick whilst exploring themes of resilience, and doing the right thing even when it is difficult.

It's a perfect opportunity to invite family and friends from across LAMP to come along and enjoy the play.

## Holy Week Big Strangford Easter Egg Hunt

On Wednesday 5th April 2023 at 2.30pm, we are excited to be having a big Easter Egg hunt and kids event in Strangford Hall. It'll be a super fun afternoon of hunting for eggs, singing songs and hearing the Easter story in a creative interactive way! An event for the whole family! Invite all your family and friends!

# **Bishops' Appeal Emergency Response**

## **Turkey and Syria Earthquake Appeal**

The Church of Ireland Bishops' Appeal for World Aid and Development has launched a call for donations to help the people of Turkey and Syria following the earthquake on Monday (6th February) which has resulted in over 21,000 deaths. Bishops' Appeal has immediately released €10,000 from its reserves to Christian Aid for its work in the area, and is encouraging parishes to contribute to this appeal in support of Christian Aid over the coming Sundays.

Donations can be made, in euro or in sterling, in the following ways:

- Online at [www.bishopsappeal.ireland.anglican.org/give](http://www.bishopsappeal.ireland.anglican.org/give)
- Direct lodgement into the Bishops' Appeal bank account (details of which are provided on the Bishops' Appeal website at the link provided above);
- Sending a cheque, payable to Church of Ireland Bishops' Appeal, to: Church of Ireland Bishops' Appeal, Church of Ireland House, Church Avenue, Rathmines, Dublin 6, D06 CF67;
- Making a donation through a Church of Ireland parish or diocesan office.

UK Taxpayers can give more help by gift-aiding donations. The appropriate forms and further details about how to give are also available at [www.bishopsappeal.ireland.anglican.org/give](http://www.bishopsappeal.ireland.anglican.org/give)

